



9:00 - 9:10	Morning Exercise, Dance, Yoga or other form of teacher led Movem	ent
9:10 - 9:30	Breakfast - teacher sits down and eats with children and talks about what they are eating, what food group each item belongs to,	
	teaching table manners	
9:30 - 9:40	Table Toys / Manipulative to be set up so kids could move there	
	once they are done with breakfast until teacher cleans up breakfast	
9:40 - 10	Circle Time	
	Do roll call	
	sing "who came to school today", "wheels on the bus",	
	and other similar child familiar songs	
	Followed by reading a story book / puppetry / retelling a story	
	topic / lesson discussions of the month	
	support with props, picture boards etc	
	transitions children to the table by letting	
	them know what they will be doing and	
	why. Tie the monthly topic to the activity	
	Show them a sample.	
10 - 10:15	Around the table activity - Arts & Crafts, coloring,	
	cutting, gluing, painting etc.	
10:15-11	Outdoor Playtime	
11 - 11:10	Washing toileting	
11:10 - 11:45	Teacher Centered Lesson	
	Review songs, poems, academic lessons, review	
	mathematics, letters, colors, shapes	
	children repeat, recall, memorize it	
11:45 -12	Children sitting down with a book on a chair or a rug	
	so that the teacher sets up lunch	
12 - 12:40	Lunch Time	
	After lunch when child is done eating start sending	
	them to wash up and follow them to bathroom to	
	make sure hands are washed properly & they are supervised	
12:40 - 12:50	<b>Teacher</b> set up kids to watch TV while at this time	
12.50	sets up the beds and does clean up	
12:50	<b>Turn off lights,</b> kids lay down on their cots and	
2.10	teacher reads a story which is a MUST	
3:10	Kids waking up, washing / toileting & getting ready for the afternoon meal	
3:30	Afternoon meal being served	
4:00 - 4:30	6	
4:00 - 4:50 4:30 - 4:45	Afternoon Playtime Repeat & review what was taught and learned on topics	
7.30 - 7.43	Open discussions, communication of daily activities & lessons	
	What will be doing tomorrow - look forward to next day activities	
5:00 - 5:30	Departure	
5.00 - 5.50	Departure	